

FOREST LAKE

STATE HIGH SCHOOL

Independent Public School

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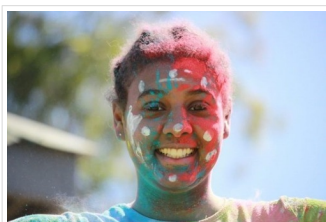
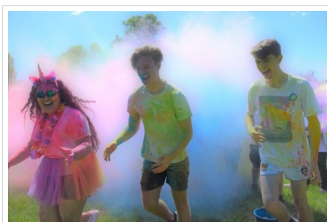
6 May 2022

From the Principal

Welcome to Term 2. While it has been lovely starting the term with three short weeks, we have been busy packing many different events into this time.

Cross Country/Colour Run

What a fabulous way to end, what had been a disrupted term. Seeing so many students and staff with big smiles on their faces, while getting some exercise, was the perfect tonic. Congratulations to Blue Vipers who were the winners on the day. Details of the Age Champions can be found later in this newsletter. Presentation of medals for this event will be made at our Sports Awards Event on November 16.



Term 1 Reporting

Term 1 report cards were sent home on ANZAC Day. I was very pleased to see some outstanding results by students and have sent home over 100 letters to students who had either 100% attendance – a particularly impressive statistic given COVID challenges – or had a full suite of Excellent for both Behaviour and Effort. Parents are reminded that they can access report cards from the QParents app or if necessary contact the school office for a copy.

Parent Teacher Interviews

We know that students reach their potential when school and home are working together to support and challenge our students. This is what makes parent-teacher interviews we ran this week so important. Thank you to the 269 parents who booked to attend the afternoon. In total 1059 interviews were booked in the afternoon.

If parents were unable to attend on Wednesday, or wish to speak with a staff member who was booked out or unable to attend, please contact the teacher directly or contact the school office. A reminder that teacher emails are available on our school website .



ANZAC Day

I was so very proud of our students for the respectful way they engaged in the school ANZAC Day parades and the community march. Our special guests made specific comment about our students' behaviour during our parades.

At school, our student leaders ran the parade, provided an Acknowledgement to Country, played and sang the Australian and New Zealand anthems, were flag orderlies and wreaths layers.



I was particularly impressed by the large number of students who attended the community march given that it was raining. Thank you to Captain Lulu Canning who read the psalm at the community service.



NAPLAN



Over the next fortnight our year 7 and 9 students will complete their NAPLAN tests. Again, our students will complete them online using school devices. All students will complete a Writing (42 minutes), a Reading (65 minutes), a Conventions of Language (45 minutes) and two Numeracy tests – one with and one without a calculator – (65 minutes). The best preparation for these tests is always full engagement in the programs that we offer at school. Students do not need to ‘study’ to prepare for NAPLAN tests.

Tests are spread over the fortnight with students engaging in their regular classes in between. Parents will receive a Master Program by email and students will receive an individual timetable and information pamphlet in roll mark class.

Parents can best support students to be successful by ensuring that they have good sleep and diet during the testing period and are attending school each day so they can undertake their tests with their classmates.

COVID updates

With the change in the regulations for *Close Contacts* we have moved to a situation where more students are able to attend school. If a student is a close contact parents must notify the school and ensure that their child only attends school if they have no symptoms and wears a mask for seven days. It is recommended that the student undertake a RAT test to show they are negative.

I remind parents that the school has RATs that can be sent home with students if they are feeling unwell. Students are welcome to wear a mask at school if they feel more comfortable doing this.

Currently there are concerns that we may have a significant flu season approaching. Recently over 100 staff had their flu vaccination at school so that we can protect ourselves as best we can. I encourage parents to arrange for children to get their flu shot if this is possible. Hopefully by working together we can minimize the impact of both COVID and flu on the learning programs in our school.

Psychologist at School

Our aim is to always provide quality support to our students to assist them to engage in the learning program. Our school has a committed Student Services team that includes Guidance Officers, School Nurse, Community Education Counsellor, Pacifica Officer and others. As part of the department’s Student Wellbeing Package we have been given the opportunity to have a Psychologist join our school team. I am hoping that this person will be able to join our school in the near future.



2023 Enrolments



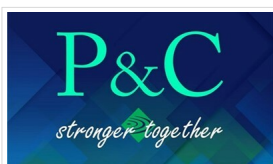
We are already planning for 2023 and welcoming and transitioning the current Year 6 students to our school. All Year 6 students have received an invitation to our Showcase afternoon on Thursday 12 May and our first enrolment afternoon on Monday 30 May. All new students must attend an information afternoon with their parents to complete their school enrolment.

If you have children (or family/friends) in Year 6 please look out for these flyers. We look forward to meeting our new students and families at these events.

Parents and Citizens’ Association

At our April P&C meeting we heard that the Tuckshop has a good supply of winter uniforms ready for the upcoming cooler weather.

I reported to parents regarding the diverse range of extra-curricular activities and opportunities that we have offered to our students, and I updated regarding the facilities upgrades completed over the school vacation.



It was decided to hold our next P&C Meeting via Teams. The link will be posted on our Facebook page closer to the time. If you prefer to receive the link via email, please contact the P&C at pandc@forestlakeshs.eq.edu.au. All parents are welcome to attend.

Year 11 News

Simon Campbell, Year 11 Deputy Principal

Year 11 students are nearing the completion of Unit 1, the first unit in the journey to obtain a QCE. Based on Term 1 reports, the vast majority of Year 11 students are travelling well with high levels of learning being displayed. A number of Year 11 students, however, are not performing to a level that has them comfortably on track for their QCE.

Intervention meetings for students with year level coordinators, Heads of Department, Pathways Centre staff and myself have been in progress since the release of term 1 results. These interventions are designed to identify the barriers to effective learning and consider possible strategies to support students to improve.

A common barrier being seen in early intervention meetings is poor personal management. Year 11 students are expected to be able to lead their own learning and getting the basics right if needed. Setting multiple alarms if getting up is an issue. Having uniforms and books ready the night before. Putting assessment due dates in a planner that is looked at regularly. Reviewing new learning done on the day it is done at school. These types of strategies can help all students.

A common message being given to Year 11 students is to be learning in a manner that makes you competitive. Being competitive means having the widest range of choices for university to having the edge when trying to secure a job or apprenticeship. Learning in “cruise” mode does not make a student competitive and parents/carers are asked to look at report cards to see if “cruise” mode is an issue. A lot of satisfactory or needs attention results for Effort are a sign that “cruise” mode is in place and being competitive will not happen.



NAPLAN Update

Grant Darnell, Year 9 Deputy Principal

For the attention of Parents and Carers of Year 7 and 9 students,

NAPLAN Online will be held in Australia from 10 to 20 May 2022. As a school, Forest Lake SHS is delivering and

implementing NAPLAN online for all tests. A copy of the NAPLAN Online Parent and Carer Information brochure will be emailed shortly to all year 7 and year 9 parents. Additionally, a NAPLAN testing schedule will be emailed closer to the date to all parents with your student's classes and times they will be required to sit each test.

I encourage you to use the public demonstration tests so students have the opportunity to become more familiar with the NAPLAN Online platform. This can be accessed at home or at school. Here is the link below:

<https://www.nap.edu.au/online-assessment/public-demonstration-site>



Whilst all students in Years 7 and 9 at Forest Lake State High School are expected to participate in the annual NAPLAN assessment, we understand that some students may qualify for support normally provided for classroom assessments.

If you believe your Year 7 or Year 9 student requires reasonable adjustment for the NAPLAN assessment or would prefer not to participate in NAPLAN assessment, please contact Mrs Robyn Ferguson – Year 7 and SEP Deputy Principal at rferg2@eq.edu.au

Business Breakfast

Mrs Parkinson, Hospitality Teacher

Last week our Year 12 Hospitality students hosted a Business Breakfast Networking event for guests from our local community. Students thoroughly enjoyed connecting with these business operators over some delicious food and beverages.

Students arrived by 6.30am to finalise preparations for the breakfast – some arrived by 5.45am! Fruit was cut, bacon and eggs cooked, breads put into baskets, cereals into serving bowls and last-minute presentations of food and beverage items were completed.

Representatives from Zarrafa's Augustine Heights, Blue Fin Fishing Club, Wendy's Forest Lake and College Australia arrived at 7.30am where they spent some time speaking with students and networking with staff and fellow Hospitality representatives as they enjoyed the breakfast provided.

A huge thank you to the local Hospitality businesses and College Australia for taking the time to come to the event, speak with and encourage our students on their Hospitality journey. Their presence and input is invaluable for our students and is greatly appreciated. Thank you also to our Principal, Mrs Kostowski, Deputy Principal Mrs Ferguson, Head of Senior Schooling, Mrs Randolph, Head of Department, Design

Technologies, Mr Lindh and Head of Department, Digital Technologies, Mr Raatz for supporting our students and further building connections within our community!

Mrs Parkinson is immensely proud of the effort and teamwork displayed by the Year 12 Certificate II in Hospitality class. Congratulations on a fantastic event.



Maths Corner

Welcome back. We've quite a long explanation this month to unlock the last two puzzles for you so I'll let that take centre stage. How did you go?

Last month's Puzzle

Digit Frequency – Part II

What is the **least** frequent digit between the numbers 1 and 1,000?

Answer - 0 is the least common digit even though 1,000 has three zero's!

Explanation - The digits 0 through 9 all follow the same pattern there is exactly 1 occurrence of each digit for every ten numbers.

For instance the digit 2 appears once between 10 and 19, at 12. And 2 appears once between, 30 and 39 at 32.

However, each of the digits 1 through 9 also appear in other numbers in the tens and hundreds place.

Again, let's look at 2 which appears in 20, 21, 22, 23, etc.. as well as 200, 201, 202, 203.

So, to figure out how to answer the first riddle you had to see what distinguishes the number 1? Only that we are including 1,000 which would be the first '1' in a new series of ten! In other words, the digit 1 only has a single extra occurrence (301 occurrences) compared to 2 or 3 or 9 which each have exactly 300 occurrences.

The reason that zero has the least (BY FAR at only 192 occurrences) is because zero does not have any equivalents to 22, 33, 44, 222, 3333 etc.

May's Hot Tip



Shift your young person's focus from revision and consolidation of school work when at home to include and prioritise preparation. This is one of the single biggest and simplest changes that will bring results. I challenge my students to have

read the content and key ideas of the topic that I am focusing on NEXT lesson. This only has to take 10min. I'm not talking about attempting questions or problems, just read the content. The goal is for students to be exposed to the topic for the second time by me, the teacher. If the student has already formed some explanation or understanding of the topic, it allows the student to interact with the teacher at a higher and deeper level. Retention is enhanced significantly through this simple 10min investment. Most students can access their unit outlines from their teacher or electronic platform.

Puzzle for this month

The Insurance Salesman



An insurance salesman walks up to house and knocks on the door. A woman answers, and he asks her how many children she has and how old they are. She says I will give you a hint. If you multiply the three children's ages, you get 36. He says this is not enough information. So, she gives a him second hint. If you add up the children's ages, the sum is the number on the house next door. He goes next door and looks at the house number and says this is still not enough information. So, she says she'll give him one last hint which is that her oldest of the three children plays piano.

Send in your solutions with accompanying explanation to trobr0@eq.edu.au

Sports Wrap

Anita Davey, HOD Health and Physical Education

Cross Country

The last day of Term 1 was a fantastic day to hold our Cross Country and this year for the second time, included the fun filled Colour Run.

House Winners

Blue Vipers took the crown as overall winners on 361 points, followed by Gold Griffins in second on 359 points, Green Dragons third on 329 and Red Phoenix fourth on 254.



Age Champions

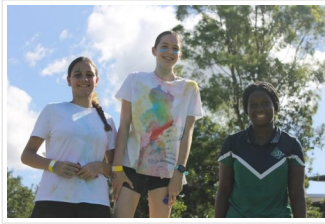
Our Age Champions were as follows:

Age	Girls	Boys
12 years	Chelsea	Nate
13 years	Bronte	Harvey
14 years	Lola	Jake
15 years	Isobel	Eric

Age	Girls	Boys
16 years	Lexi	Brendan
17 years	Kate	Adam
Open	Ava	Fwangshak



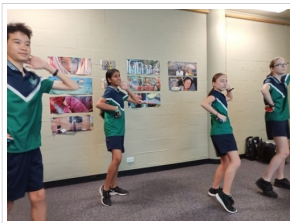
Keeping their minds active and engaged too!



Esports Update

Fuse Just Dance Grand Finals

Yesterday, our awesome Year 7 and 8 Esports champions won the Brisbane Grand Finals for Just Dance 2022! They did a fantastic job and showed their PRIDE and Esportsmanship throughout the Grand Finals. State finals here we come!



Conference Finals

Forest Lake Lions have made the Conference Finals. Click on the link below to watch our Esports Champs on Monday 9 May at 4.20pm.

twitch.tv/xpesportstv



Lunchtime Activities

Our Lunchtime Activities continue to be a huge hit with our students, keeping them active and engaged!



Our Cultural Activities now include our Vietnamese group who have been practicing their beautiful dance routines.



Special Guest Kermit helped out during Open Mic

The Arts

Instrumental Music Update

Mrs Fuhmann, Instrumental Music Teacher and Excellence Program Coordinator

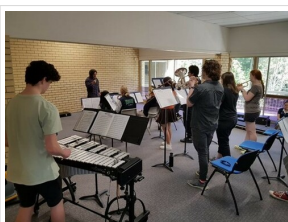
This week, forty-eight Program of Excellence students travelled to QCCC at Brookfield for an intensive three-day program of rehearsals and workshops in preparation for our Fanfare competition later this term.

The first two days were full of ensemble rehearsals, workshops and smaller sectional practice sessions. Jazz Band worked with Mr Dan Quigley from the Jazz Music Institute (JMI) on Wednesday afternoon. Dan encouraged unity among the sections by developing listening skills, as well as tips to add expression and articulation into their repertoire. This strongly assisted the ensemble by improving their overall sound production techniques and balance. On Thursday morning, we welcomed Prof Rob McWilliams from Yamaha Music Australia to support Concert Band's Fanfare preparation. He was impressed by the students' enthusiasm for their repertoire and encouraged them to continue working on the contrasts between delicate and more energetic phrases in their pieces. Both of these guest conductor sessions were greatly enjoyed by the students as well as our ensemble directors, and the soloists were particularly thankful for their individualised tutorials throughout the workshops.

To break up the hard work, we reprised our annual themed Trivia Night festivities on the first night – this year was all Disney/Pixar inspired – and we relaxed with a movie night on our final evening. As usual, Friday saw a performance from each ensemble to show the other students what had been achieved over the previous two days of rehearsals. All ensembles were sounding cohesive and unified, especially given that each group wasn't at its full capacity (as not all ensemble members were able to make it to camp). That's a great sign leading up to our

competition – we can't wait to hear how the final performances sound!

After plenty of reports already of how much students yet again "loved camp", "had the best time" and "wish we were still there", I would like to extend a very big thank you to Mrs Stephanie Sepecan and our Instrumental Music teachers, Mr James Humphry, Mr Cason MacKenzie, Mr Steve Stiller and Mr Richard Thompson for all giving up extra time to run yet another successful camp. I would also like to include special mentions to thank Mr Dan Quigley and Prof Rob McWilliams for their time and expertise to help bring out the best in our talented Jazz Band and Concert Band, and to Mr Lubbers as well for dropping in to visit and support our musicians during our stay. Here's hoping we can all perform successfully at Fanfare in Week 7!



Dance

International Dance Day

Last Friday, Forest Lake SS and Grand Avenue SS dance students visited our school to celebrate a day full of dance activities. The Year 9 and Year 11 Dance classes shared some class work and we got a sneak peak of each schools' competition routines - we can't wait to see them on stage! Thanks to Dance Captains Piper, Tia, Sandy, Lola and Madiilyn for helping the day run smoothly.



Frozen the Musical - Workshop

Last weekend our Dance Program of Excellence held a FROZEN the Musical Theatre workshop. The event was a collaboration between the Brisbane Performing Arts Challenge (BPAC), Forest Lake State High School, and the Brisbane City Council with funding via Cllr Charles Strunk. Local dancers from three age groups were invited to take part in learning from two of the wonderful FROZEN cast members. Thank you to everyone involved.



VET News

Certificate II in Active Volunteering

Mother's Day Stall

Our Year 11 and 12 students have been volunteering within the community as a requirement for their course. This week our students volunteered at Forest Lake State School Mother's Day Stall. The students enjoyed working as a team; talking with staff, parent volunteers and children; and developing their communication skills and confidence.



Thank you Angeliyah, Tierney and Paige for representing our school with PRIDE at Forest Lake SS.

Baby Give Back

This year our VET teacher, Mrs Kylie Van Der Beek has developed a partnership with Baby Give Back (a non profit organisation at Sumner Park). Their Community Engagement Manager, Carly Lavelle has visited the students at school and explained to the students their mission and purpose and the values of volunteering within the community.



Congratulations to Melanie, Damika and Paris.

Our year 11 and 12 students have been volunteering one day a week on site at their warehouse. The students have engaged with this cause. They have initiated a Collection Drive to coincide with National Volunteering Week. Students will be setting up collection boxes in the CRC and the Pathways Centre from Monday 23 – Friday 27 May.

Thankyou Volunteering students for your work in the community. It is much appreciated and valued.

Year 10 Trade Taster Programs

Skillstech

Skillstech has commenced their Trade Taster programs with students commencing this week to complete their White Card training.

WesTEC

WesTEC will be offering two programs for their Trade Taster program. The first program will be offered in Term 2 Week 10 and the second in Term 3 Week 10. The numbers for this course are limited and each school will be given an allocation of students.

We are waiting for the details and the online expression of interest date. Please check your emails and student notices for information.

Friday 13 May – Ipswich Show Holiday

Please note the Friday WesTEC and TAFE Ipswich/Springfield classes will be cancelled on this day. Students are expected to come to school for normal classes.

Work Experience

Monday 20 – Friday 24 June 2022.

This year we will be offering work experience to our two Year 10 elective classes VSW – Certificate II in Skills for Work and Vocational Pathways. We highly recommend that students attend work experience, this is an opportunity for students to trial a career; use the work experience to develop employability skills (some of our students have gained casual employment or school-based traineeships).

Work experience is unpaid, however students are covered by indemnity insurance and workers compensation. If any parents/employers are willing to host our students, please do not hesitate to contact our Pathways Centre on pathwayscentre@eq.edu.au or telephone 3714 2333.

Big Day In!

Last week our Year 10 and 11 Digital Technologies students visited UQ to attend the Big Day In - IT Careers Conference as part of the Gateway to Industry Schools Program. They heard from game developers, Adobe, Woolworths Group and many more speakers on the IT careers available across Australia. It was a fantastic day and our students showed great PRIDE!



Student Health – let's talk about...

Sarah Kelly, School Based Youth Health Nurse

VAPING

Studies have shown that the number of young people vaping is increasing. Social media and companies glamourising it to seem cool and fun are thought to be contributing to this increase. Despite it being illegal in Australia to sell vape liquids with nicotine, this is still happening, and the products can be

bought from overseas companies on the internet which contain nicotine.

The attached information sheet gives parents some very helpful information.

Communication

Community Sponsors

Thank you to the Heritage Bank and Allsports Physio Forest Lake, for sponsoring our sports excellence programs.

Heritage | Forest Lake
Community Branch



Community Announcements

Disclaimer - These announcements are included as a local community service only and are not school initiatives.

Dare to Dream Scholarships

What is a Dare to Dream Scholarship?

Each year, the Redkite and Coles Dare to Dream Scholarship offers up to \$5,000 to teens who have or have had cancer to help them achieve a goal that's important to them. It does not matter how big or small their goal is, what matters is their enthusiasm and commitment to achieve it.

Going through cancer treatment is a major disruption in the lives of children and teenagers, and often causes setbacks in their skill development, education, and emotional wellbeing. The Dare to Dream Scholarship empowers teens to take control of their lives, despite their diagnosis, and pursue a goal that's important to them.

How to apply

Applications are open between **Monday 2 May - Monday 13 June 2022.**

If you would like to know more about the scholarship or Redkite's support services for families affected by childhood cancer, please get in touch. For more information, please visit our website:

<https://www.redkite.org.au/service/dare-to-dream-scholarships/>



2022 Dorothea Mackellar Poetry Awards Competition

This competition offers teachers and parents a way to encourage students to explore poetry in alignment with the Literacy Strand of the Australian Curriculum: English. This year's optional theme is 'In my opinion.' Entries for the competition opened on 1 March and will close on 30 June 2022.

The Dorothea Mackellar Memorial Society is offering awards in a range of categories. These include awards for students from small and regional schools, students in Assisted Learning programs, and awards for schools with an overall high standard of entries. Cash and book prizes will be presented at a national ceremony in September and the Society will produce a booklet of all the winning poems.

